

### **How To Use NUMBING CREAM:**

This cream is a topical anesthetic. It is used to lessen the discomfort from medical procedures.

*\*Please notify the doctor if you have any allergies to Lidocaine or Prilocaine\**

1. This cream must be applied 1 ½ hours before to the procedure

**Great Saphenous Vein:**

Apply to inside of the knee and thigh up to the groin.

**Small Saphenous Vein:**

Apply to back of calf from ankle to knee.

**Phlebectomy:**

Apply to the area of varicose veins on the leg to be treated.

2. Before applying the cream, wash the skin area to be treated with warm soapy water and a washcloth. Rinse skin well and pat dry.
3. The cream should be applied thick. Layer it on the skin like “icing on a cake”. **Do not** rub the cream in. Do not apply to any open wounds or rash. Use only the amount needed to cover the area(s) to be treated. It is **not** necessary to use all of the cream dispensed by your pharmacy. There may be some left over.
4. Wrap the area with Saran wrap being careful not to press on the cream in order for it to remain thick. We will remove the Saran wrap when you arrive at the office.
5. Secure the edges of the Saran wrap with tape to avoid leakage.
6. The cream will be wiped off at the office immediately prior to the procedure. The skin will remain numb for at least one hour after the removal of the Saran wrap.

