



23 Cedar Street, NEW BRITAIN
1291 Boston Post Road, MADISON
863 North Main St. Extension, WALLINGFORD
860-229-VEIN (8346) www.ctveindocs.com

PATIENT INFORMATION SHEET

VENASEAL ABLATION

BEFORE YOUR VENASEAL PROCEDURE:

- Take your usual medication unless otherwise instructed.
- No diet restrictions.
- **No topical numbing cream required.**
- You may take Tylenol 1 hour prior to the procedure
- You may drive yourself
- **No compression stocking needed**

AFTER YOUR VENASEAL ABLATION:

- **WALK at least 5 minutes every 2 hours, when awake, for the next 7 days.** You can walk as much as you like. No airplane rides or long car trips for 2 weeks post-procedure.
- **TAKE Aleve (naproxen) one tablet twice a day for 7 days.**
- **TONIGHT remove the wrap and gauze.** Leave band-aid in place.
- **TOMORROW you may shower.** Change band-aid after showering, and daily for two days.
- **No swimming, Jacuzzi or tub baths for 7 days.**
- **Bruising and soreness** may occur. It usually goes away within two weeks.
- **Hard lumps** may appear in the leg and be slightly red or tender. Apply a heating pad to these areas 3 times a day for 20 - 30 minutes. Call our office if you have any questions.
- **If you have fever, chills, swelling, itching, or redness** please call our office immediately.
- **If you experience weakness, fainting, chest pain or difficulty breathing** call 911 or go to the emergency room.

Please contact our office with any questions or concerns.

Monday- Friday, 8 AM - 5 PM call 860-229-8346

Nights, Weekends or Holidays call 860-426-8116. Ask for the Interventional Radiologist on call.