



PROUD MEMBER OF

Midstate  RADIOLOGY
ASSOCIATES LLC

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VARITHENA- PATIENT INFORMATION

BEFORE YOUR VARITHENA APPOINTMENT:

- Purchase a gradient (graduated) compression stocking. Wear the compression stocking for 1-2 days prior to the procedure to ensure proper fit
- If, while wearing your compression stocking, the color of your toes becomes blue or your leg becomes numb, the compression stocking is too tight and must be removed immediately. Call our office if this occurs.

THE DAY OF YOUR TREATMENT:

- Please bring your compression stocking to the office.
- Take your usual medication unless otherwise instructed.
- Fasting is not required, eat a normal breakfast or lunch.
- Shower the morning of your procedure. Do not apply any cream or lotion to your legs.
- Please bring loose-fitting slacks or shorts to wear after your appointment.

AFTER YOUR VARITHENA TREATMENT:

- Immediately after the procedure, your treated leg will be wrapped with a bandage which should be worn for 48 hours. This must stay clean and dry.
- After the first 48 hours, you must continue to wear the compression stockings for two (2) weeks during waking hours from the time you get up in the morning until the time you go to bed.
- You must remain in the office for 30 minutes after the procedure and walk for 10 of those minutes under supervision.
- The first week, walk 10 minutes every hour during waking hours. Avoid standing in one place for long periods of time.
- Avoid lifting, pushing or pulling more than 20 pounds and heavy exercise for one (1) week.
- Avoid hot baths for 7 days.
- You must avoid air travel and long distance car travel for two (2) weeks.

Please contact our office with any questions or concerns.

Monday-Friday, 8am-5 PM call 860-229-8346

Nights, Weekends or Holidays call 860-426-8116. Ask for the interventional Radiologist on call.

FREQUENTLY ASKED QUESTIONS

What is Varithena?

Varithena polidocinal injectable foam 1% is an FDA-approved prescription medicine used to treat varicose veins caused by problems with the great saphenous vein (GSV) and other related veins. Varithena improves symptoms related to or caused by varicose veins, and the appearance of varicose veins.

How does Varithena work?

The physician administers a small amount of Varithena.

The microfoam fills and treats the desired section of the vein.

The diseased vein collapses and the foam is diluted in the bloodstream and flushed out.

How is blood flow affected?

When the malfunctioning vein collapses, blood flow shifts to healthier veins nearby.

What is treatment like?

Treatment with Varithena is minimally invasive and nonsurgical (no incisions required). Varithena treatment is usually just one or two needle sticks and is nearly painless. Patients reporting pain at the injection or application site in clinical trials was 4.0%.¹

How fast is the treatment?

It usually takes less than an hour to get the treatment.

How soon can I get back to my normal activities?

Most people may resume normal activities the same day as treatment. You should avoid heavy exercise for one week. Keep post-treatment bandages dry and in place for 48 hours, and wear compression stockings on the treated leg for two weeks. For a month, you should walk at least 10 minutes a day and avoid long stretches of inactivity.

How many treatments might I need?

Most people only need a single treatment. Additional treatment may be recommended, depending on the number and size of veins being treated.

Will my insurance cover treatment?

Varithena is covered by most Medicare and insurance plans. Coverage may depend on the severity of your varicose veins and symptoms.

Is Varithena effective?

In clinical studies, the majority of patients treated with Varithena experienced improvements in symptoms: heaviness, achiness, swelling, throbbing and itching after just one treatment. The clinical studies also found that the majority of patients experienced improvement in vein appearance.

What are the side effects?

The most common side effects are leg pain or discomfort, injection site bruising or pain, and potentially serious blood clots in the leg veins. These are not all of the possible side effects of Varithena. Tell your healthcare provider about any side effect that bothers you or that does not go away. You can also report side effects to the FDA at 1-800-FDA-1088.

What should I tell my physician?

Tell your physician about all of your medical conditions, including if you:

Have arterial disease (a disease of the blood vessels)

Have reduced mobility

Have a history of blood clots in the veins or lungs

Have had major surgery in the past three months

Have recently had a long hospital stay

Are pregnant or have recently been pregnant